

Focus on Mental Health XI
Transcultural Diagnosis
Moshi, Tanzania 1- 6 november 2017

Wednesday 1 november

Tanzanian Health Services (Dutch participants only)

- 14:30 Welcome and outline
14:45 Tanzanian Health Services
15:05 The Place of a NGO-Hospital within Tanzanian Health Services
15:25 Faith-based Medical Services
15:45 District Medical Services
1
16:05
TEA

R.V.Schwarz
P.Kihamia
J.Lema
H.Shao
ms.I.Haule

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- 16:40 How to develop health services in Tanzania
17:00 Health Insurance in Tanzania
17:20 Medical Research in Tanzania
17:40 Tanzanian Health Services in Global Perspective
18:00 CLOSURE

Prof. J.Shao
G.Edward
M. van Zwetselaar
R.V.Schwarz

3 uur

Thursday 2 november

- 09:00 – 14:30 Site Visits (Werkbezoeken¹)

5 uur

Friday 3 november

- 09:00 – 14:30 Site Visits (Werkbezoeken²)

5 uur

Saturday 4 november

- 9:00 Official Opening

B.Magoma

Plenary One

Transcultural Diagnosis

- 9:15 Do we need a Diagnosis?
9.45 Role of Socioeconomic Factors in Transcultural Mental Health Diagnostics in East Africa
10:15 Transcultural Diagnosis in Long-Term Psychiatric Care

R.V.Schwarz
ms.M.Mogute
ms. W. de Quaa
ms. D. van de Nobelen

¹ Zie addendum

² Zie addendum

10:40

TEA

Plenary Two

Transcultural Diagnosis ctd

- 11:10 Transcultural Diagnosis of Suicidality
- 11:30 Transcultural Diagnostics through the Microscope
- 11:50 Transcultural Aspects of Diagnosis in Neurology

R.J.Beerthuis
Prof. J. Shao
ms. M. Dekker
M. Assey

- 12:20 Medically Unexplained Somatic Symptoms in Transcultural Perspective
- 12:40 Culture Shock, the Mirembe Experience

R.V. Schwarz
G.Mwisomba

13:00

LUNCH

Plenary Three

Cultural Issues in Mental Health

- 14:00 Traditional Healers and Diagnosis
- 14:20 Pitfalls in Cultural Communication, workshop

ms. C. Brandsma
R.V.Schwarz

15:30

TEA

Plenary Four

Cultural Issues in Mental Health ctd

- 16:00 Task-sharing in mental health: Challenges and opportunities among informal health providers
- 16:30 Practice of Traditional Healing
- 17:00 The Holy Quran and Psychotherapy

ms. C. Musyimi
S.Hamza
M.M. Bwire

17:20

REFRESHMENTS

- 17:40 Cultural Diversity on Factors leading to HIV Risks among primary School Tanzanian Children
- 18:00 Time is on My Side
- 18:30

ms.D Itemba
J.Doorn

7 uur

Sunday 5 november

Plenary Five

Mental Health Services

- 8:30 Poverty and Common Mental Disorders in Low and Middle-Income Countries
- 9:00 Decentralization of Mental Health Services through NGO partnership

S. Madawabora
S. Ali
V.Gill

- 9:20 Community-based Participatory Control of Mental Disorder through
Social-Entrepreneurial Empowerment in East Africa

J. Limbitu

9:40	Arusha Mental Health Trust				E.Bujulu
10:00	Twelve Month Treatment Retention Rates and Associated Factors, a Comparison of Two Methadone Assisted Clinics				A.Damas
10:20	The utility of mhGAP-IG implementation in a primary health care facility in Nairobi				D.Nyamai
10:40			TEA		
		Plenary Six		Peer Support	
11:10	Spirits, Devil and Trauma				ms. M.van Duijl
11:40	Psychosocial Problems of Families Caring for Relatives with Mental Illness				M.Iseselo
12:00	Prevalence of Depression and Associated Factors among Caregivers of Children with Intellectual handicaps				ms.R.Kombe
12:20	Peer Support and Recovery at Mirembe				N.Mallango
12:40	Peer Support in Addiction				E.Shangali
13:00			LUNCH		
		Parallel Session A & B Workshops			
14:00	Workshop A	Transcultural diagnosis in Mental Health, an exercise			ms. A. Knol
					ms. A.Mahano
					ms. M.Yohana
					ms. F. Felix
					R.J.Beerhuis
	Workshop B	Assesment of Suicidality			
15:30			TEA		
		Parallel Session C Education			
16:00	Tanzanian Prison Project on Mental Health				Prof.J.Mbatia
16:20	Supervision of Dutch Registrars at Mirembe				I. Mwombeki
16:40	Skypervision				E.Thieme
		Parallel Session D Therapy			
16:00	Occupational Therapy at Jaffery				A.Sudi
16:20	Stigma and mental disorder: Occupational therapist perspective				D.Mshanga
16:40	Gabriela Centre				ms.B.Shuma

Parallel Session E Trauma

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|-------|---|--------------|
| 16:00 | Livelihood Interventions for Women Experiencing Psycho-Trauma in Kenyan Slums | ms.S.Malinda |
| 16:20 | Intimate partner violence victimization and perpetration and the association with mental health outcomes among young men in Dar es Salaam | M.Kilonzo |
| 16:40 | Psychiatric Patients at Isanga Institute: a Retrospective Records Review | ms. G.Simbee |

17:00 **Plenary Seven** *Wrapping up and Closure of Main Symposium*

18:00 CONFERENCE DINNER

20:00 **Conclusion** *What have we learned (Dutch Participants Only)*

21:00 **END OF PROGRAMME**

Werkbezoeken donderdag 2 en vrijdag 3 november

Route 1 Medisch Moshi Stad

Mawenzi Regional Hospital

KCMC Referral Hospital

Longuo Halfway House

Gabriella Centre for Occupational Therapy

Route 2 District Hai

Boma Ng'ombe District Ziekenhuis

Kisiki Health Centre

Machame Lutheran Hospital

KIA Dispensaru

Route 3 Moshi Paramedisch

Msaranga School for the Mentally Retarded

Kiwakkuki Women against AIDS

TAWREE Reearch Organisation run by Women

Mr. Hamza Traditional Healer

Route 4 Arusha

Arusha Mental Health Trust

Jaffary Special Education Institute

List of Speakers

A.Kihamia	Regional Health Officer Kilimanjaro Region
J.Lema	Medical Officer Machame Hospital
H.Shao	Medical Officer in charge Machame Hospital
I.Haule	District Medical Officer Hai District, Kilimanjaro Region
Professor J.Shao	Microbiologist, CEO Better Human Health Foundation
G.Edward	Quality Assurance Officer, National Health Insurance Fund Kilimanjaro
M.van Zwetselaar	Bioinformatician Kilimanjaro Clinical Research Institute
B.Magoma	Regional Medical Officer Kilimanjaro Region
Dr.M.Mogule	Senior Lecturer Daystar University Nairobi
W. de Quaasteniet	Community Mental Health Nurse GGZ in Geest
D. van de Nobelen	Community Mental Health Nurse GGZ in Geest
R.J.Beerthuis	Psychiatrist, Medical Superintendent Arkin Amsterdam
Dr.M.Dekker	Neurologist Kilimanjaro Christian Medical College
C.Brandsma	Cultural Anthropologist Moshi
M.Assey	Neurophysiologist Kilimanjaro Christian Medical Centre
C.Musyimi	Nurse, Msc, Medical Statistics, PhD candidate, Africa Mental Health Foundation
S.Hamza	Traditional Healer Moshi, Kilimanjaro Region
M.M.Bwire	Experience expert, Zanzibar Psychosis Association
D.Itenba	Managing Director Tanzanian Womens Research Foundation
J.Doom	Psychiatrist, the Netherlands
S.Madawabora	Psychologist, Haydom Hospital
S. Ali	Regional Mental Health Coordinator Zanzibar
V.Gill	Medical Officer Kidonge Chekundu Mental Hospital Zanzibar
J.Limbitu	Lecturer Daystar University, Nairobi
E.Bujulu	Community Mental Health Nurse, Executive Director Arusha Mental Health Trust
A.Damas	Psychiatrist, Muhimbili University College of Science Dar es Salaam
D.Nyamai	Clinical Officer, Africa Mental Health Foundation
Dr.M. van Duijl	Psychiatrist, Medical Director Veldzicht the Netherlands
M.Iseselo	Nurse, MScN, Muhimbili University College of Science Dar es Salaam
R.Kombe	Regional Mental Health Coordinator, Kilimanjaro Region
N.Mallango	Physician Mirembe Hospital Dodoma
E.Shangali	Director Ernest Foundation for Addiction
A.Knol- de Jong	Psychiatrist Centrum 45 Oegstgeest
A.Mahano	Regional Mental Health Coordinator Dodoma Region

M.Yohana	Physician Mirembe Hospital Dodoma
F.Felix	Psychiatrist, Equator Diemen
J.Mbatia	Psychiatrist, Director of Traioning SEKOMU, Lushoto Tanzania
I.Mwombeki	Psychiatrist Mirembe Hospital
E.Thieme	Psychiatrist, Amstelveen, the Netherlands
A.Sudi	Occupational Therapist, Jaffery Foundation Arusha
D.Mshanga	Occupational Therapist Kilimanjaro Medical Centre, Moshi Tanzania
B.Shurna	Director Gabriella Foundation Moshi Tanzania
S.Malinda	Social Worker Africa Mental Health Foundation
G.Simbee	Psychiatrist, Mirembe Hospital Dodoma
Dr.R.V.Schwarz	Psychiatrist, Bussun, the Netherlands